

# **About Us**

CNS Healthcare is a private non-profit Certified Community Behavioral Health Clinic (CCBHC) that provides mental health and substance use disorder services to more than 11,000 people across Wayne, Oakland, and Macomb Counties annually.

CNS Healthcare uses patient-centered approach to identify, support, and promote the overall health of children, adolescences, adults and older adults.

CNS Healthcare provides an array of behavioral health community-based services and supports for children ages 0-17, adults and older adults. We believe that mental health is a vital part of overall health and wellness for adults, children, and families.



**CCBHC Expansion Sites** 



**Demonstration Sites** 



Includes Supplemental services such as nutrition, exercise and more

# Certified Community Behavioral Health Clinic

**SINCE 2018** 





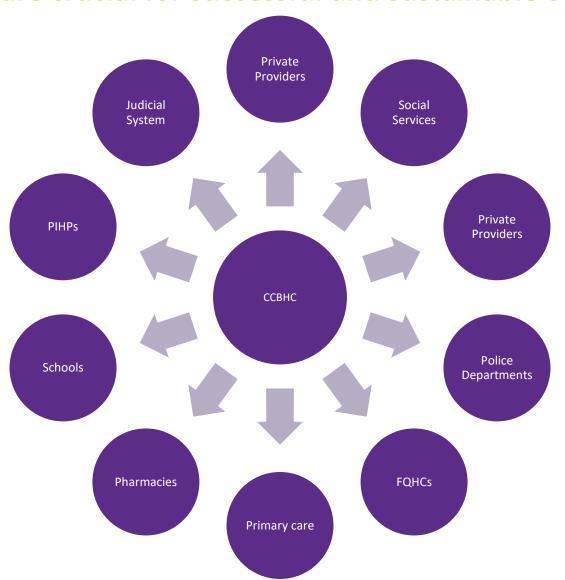
Provides service regardless of status or ability to pay



Allows for a comprehensive service array from mild to moderate

#### **Collaboration Multiplies Impact!**

Partnerships are crucial for successful and sustainable community impact





#### CCBHC's Must Serve:



Adults with diagnoses of Serious Mental Illness (SMI)

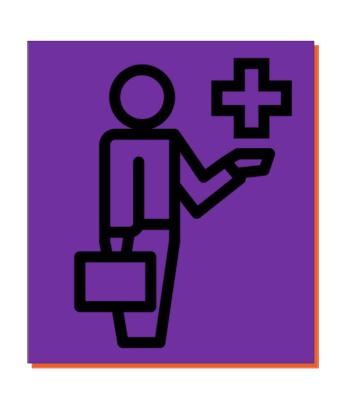
Adults and youth with diagnoses of Substance Use Disorder (SUD)

Children and youth with diagnoses of Serious Emotional Disturbance (SED)

Adults and youth with Co-Occurring Disorder (COD) diagnoses



## CCBHC's comprehensive service array:



Crisis mental health services

Screening, assessment, and diagnosis

Personcentered treatment planning Outpatient mental health and substance use services Outpatient clinic primary care screening and monitoring of key health indicators and health risk

Targeted case management

Psychiatric rehabilitation services

Peer support and counselor services and family supports Intensive, communitybased mental health care for members of the armed forces and veterans



#### **Improved Mental Health Outcomes**

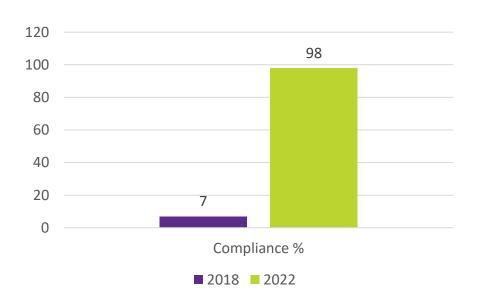
Adult
Adult Major Depressive Disorder (MDD) Suicide
Risk Assessment



Increased of 61% compliance since 2018

Children

Child Major Depressive Disorder (MDD) Suicide
Risk Assessment



Increased of 91% compliance since 2018





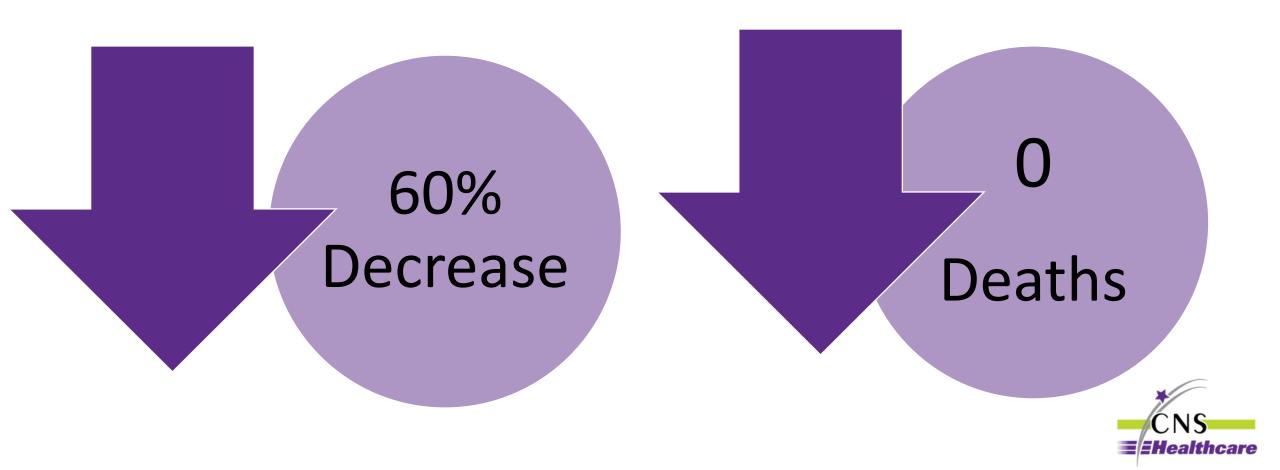
Severity of Depression Screening (PHQ9)

Using our care pathways and standardized screening and assessment tools, we have seen a decrease in depression symptoms among those screened.



#### Improved Outcomes for Suicide Attempts and Deaths

60% decrease in those reporting suicide attempts on the pathway 0 deaths of those receiving enhanced care



# Crisis Response and Law Enforcement Partnerships

CCBHCs are uniquely positioned to serve as a cornerstone in our nation's new crisis response system, decreasing the burden on 911 operators, law enforcement officials, and emergency departments.

CNS' Crisis Intervention Team (CIT) brings together clinicians, law enforcement, and emergency dispatchers. The primary goal of this program is to assist those who may be experiencing a mental health crisis, suffering with substance use, or homelessness. The CIT program works toward reducing jail recidivism with this population by providing law enforcement with evidence-based training with jail diversion alternatives

# of encounters: 4,453

# of PS connected to services/ resources: 1,889

# of PS received post-prevention/follow up: 1,071

Suicide Threats: 191

Drug overdose: 209



#### **Enhanced Service Provision to Veterans**

Intensive Community Based Services to Veterans

Peer led Women and Men's support groups to Veterans in the community

Establishing Strong Partnership and Collaboration with Michigan Department of Veterans Affairs and our County Veterans Liaisons

Veteran Focused task forces which include Governor's Challenge for Veterans Suicide Prevention



### Closing

Need dedicated, sustainable funding and support so that MI can be the lead state in transforming the mental health system nationwide!

CCBHCs are improving the behavioral health care delivery system and must be supported over privatizing mental health services

CCBHC model offers the opportunity to transform the behavioral health service delivery system

